



ATHLETICS SPORT INFORMATION GUIDE

1. Competition Dates

Athletics competitions for Open Masters Games Como Lake 2027 (CoOMG27) offers individual events for men and women.

The provisional Athletics competitions schedule for CoOMG27 is as follows and could be subject to change according to the requirements of the Organizing Committee and may be modified according to the total number of entries:

19 Sept	20 Sept	21 Sept	22 Sept	23 Sept	24 Sept	25 Sept
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09h00 18h00	09h00 18h00	09h00 18h00	09h00 18h00	09h00 18h00	09h00 18h00	09h00 13h00
Track & Field						Half Marathon Road Race 5.000mt 10 Km

All information contained in this Sport Information Guide is current at time of publication and may be subject to change.

The Welcome Ceremony is scheduled for the afternoon of Saturday 18 September 2027 with the Farewell Ceremony on the evening of Sunday 26 September 2027.

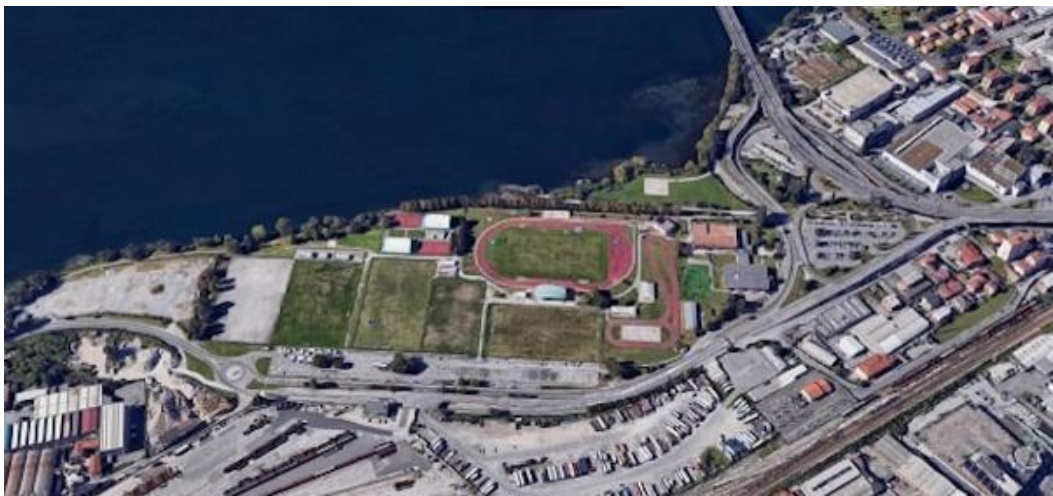
1.1 Organising Committee

ORGANIZING COMMITTEE	SPORT FEDERATION	SPORT ASSOCIATION
Sport Management Bernardino Chiavola	Federazione Italiana Atletica Leggera CR FIDAL Lombardia Presidente Luca Barzaghi	ASD Atletica Leggera Lecco Presidente Maurizio Longoni

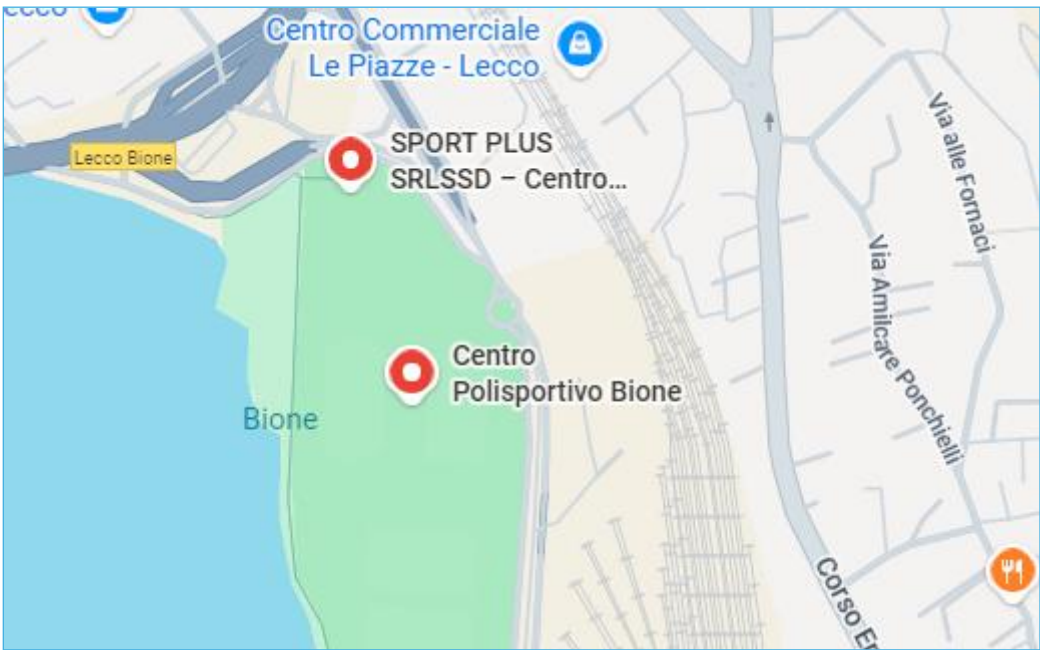
1.2 Competition venues

Venue	Address	City
Centro Sportivo Comunale Al Bione	Via Bruno Buozzi, 38	Lecco
Da definire luogo gara per Half Marathon	tbd	Lecco

Al Bione Sport Venue



Al Bione Venue Map



2. Sport regulations

The Athletics events at the CoOMG27 will be organised according to the regulations of the World Athletics (WA), the World Masters Athletics (WMA) regulations, the applicable FIDAL rules, and, for the Para Sport sector, the guidelines issued by the relevant technical governing bodies.

2.1 Age Categories

- **Men's:** 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+
- **Women's:** 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+, 90+, 95+, 100+

Para Sport - Age Categories

- Men's and Women's: 30+, 40+

2.2 Age is determined at the start of the athletics competitions.

- Participants can only sign up to one age category
- In the case of an insufficient number of athletes in an age category, the Executive Committee reserves the right to enter participants into a different category, notably the category directly beneath (or above depending on the participants).
- All registered athletes in Athletics can compete in multiple disciplines. For example, an athlete entered in the Road event may also choose to compete in a distance event in Track and Field event.
- In line with the sport specific rules, an athlete must compete in their designated age group, with your age determined as at start of competition - the first day of Athletics competition at the Games. For example, if you turn 40 by the first day of competition, you will compete in the 40-44 age category.
- Prizes will be awarded to the top three finishers in each age category and event for both men and women. Gold, silver, and bronze medals will be presented to first, second, and third place finishers, respectively. All participants will receive a certificate of participation to commemorate their achievement at the CoOMG27 Athletics events.

3. Athletics Competitions

Non Para Sport

MEN / WOMEN	Age Categories
100 mt	Men's/Women's: All age categories
200 mt	Men's/Women's: All age categories
400 mt	Men's/Women's: All age categories
800 mt	Men's/Women's: All age categories
1.500 mt	Men's/Women's: All age categories
80 mt hurdles	Men's: 70+, 75+, 80+, 85+, 90+, 95+, 100+ Women: 40+, 45+, 50+, 55+, 60+, 65+, 70+
100 mt hurdles	Men's: 50+, 55+, 60+, 65+ Women: 30+, 35+
110mt hurdles	Men's: 30+, 35+, 40+, 45+
200 mt hurdles	Men's: 80+, 85+ Women's: 70+, 75+
300 mt hurdles	Men's: 60+, 65+, 70+, 75+ Women's: 50+, 55+, 60+, 65+

Para Sport

MEN / WOMEN
100 mt
800 mt
Long jump
Shot put

400 mt hurdles	Men's: 30+, 35+, 40+, 45+, 50+, 55+ Women's: 30+, 35+, 40+, 45+
4x100 mt Relay	Men's/Women's: All age categories
3.000 mt Track Race Walk	Men's/Women's: All age categories
5.000 mt Road Race	Men's/Women's: All age categories
10 km Road Race	Men's/Women's: All age categories
Half Marathon	Men's/Women's: All age categories
Discus Throw	Men's/Women's: All age categories
Javelin Throw	Men's/Women's: All age categories
Hammer throw	Men's/Women's: All age categories
Weight throw	Men's/Women's: All age categories
Shot put	Men's/Women's: All age categories
High jump	Men's/Women's: All age categories
Long jump	Men's/Women's: All age categories
Triple jump	Men's/Women's: All age categories
Pole Vault	Men's/Women's: All age categories

4. Competition Rules

To enter a Para-Sport event at the Games, you must be able to meet minimum disability criteria. Please review the Para-Sport Classification requirements in the Para-Sports Information Guide and where a participant has an existing recognised national or international classification, please indicate this as part of the registration process. If a participant cannot meet these requirements, registration will be transferred to the open section of the competition.

Age groups can be combined if required.

Eligible athletes may compete in the following Para Athletics sport classes:

- Physical Impairment Classes: T32–38 / F31–38, F40–41, T42–47 / F42–46, T51–54 / F51–57.
- Vision Impairment Classes: T/F11, T/F12 and T/F13. Competition rules

4.1 Confirmation of Participation

Athletes must confirm their participation in an event no later than 1 hour 30 mins before the beginning of the event. They should do this at the information desk where they can also pick up their competition number and any other required information.

4.2 Competition Seeding

There are no pre-determined qualifying standards to compete in the Athletics competition at CoOMG27. To assist with event scheduling and heat seeding, all participants are asked during registration to provide their best performance (time or distance) where prompted. Please enter your most recent result for this event. If you have not previously competed in this event, you may leave this field blank.

4.3 Advancement Rules

If required, all events under 1.500 mt will be conducted by heats & finals. In 5.000 mt and longer events, including race walking, there shall be seeded final sections, and final placings will be decided on finishing times if required.

4.4 Advancement

- In events where heats are conducted in 100 mt, 200 mt, 400 mt and all hurdle events, 6 competitors will advance to the final.
- 1 to 6 competitors - Direct to final
- 7 to 12 competitors - 2 heats: The first two athletes from each heat qualify for the final, along with the next two fastest times overall.
- 13 to 18 competitors - 3 heats First place from each heat + 3 best times
- 19 or more competitors - Semi-finals will be held and progression under WA rules
- 800 mt - Final with 8 athletes (6 starting + 2 in second row)
- 1.500 mt – 12 competitors will progress to the final. No semi-finals will be conducted

4.5 Advertising Rules

- All advertising presented on clothing or sports bags must meet *WA regulations*.
- Notably, any sport kit supplier logo cannot exceed 30cm on competition kit or 40cm on sports sweaters, vests or jackets.
- All illegal publicity will be covered with an adhesive strip

5. Technical regulations

5.1 Call Room

- Athletes must go to the call room for registration according to the registration schedule which may change depending in participant numbers.
- Any athlete who does not present themselves to the call room on time will be excluded from the event.
- Athletes' checks will take place in a zone of the call room which will only be accessible to participants competing in the upcoming event; it is not open to Team Officials.
- There will be announcements throughout the warmup area to remind athletes when it is their time to go to the call room.

Below the timetable referred to the start of the race:

Event	First Call	Closing	Access to the Competition Zone
Track	30'	20'	10'
Other	50'	40'	30'

5.2 Control Room

- The following will take place once in the control room:
 - Identification of athletes with aid from competitors numbered bibs and their accreditation card
 - Verification of athlete's kit
 - General checks (number, form, size)
- There will also be an inspection to check for any illegal personal items such as video recorders etc which are not permitted under rule of WA

- Dictaphones, radios, CD Walkman, MP3 players, mobile phones, cameras etc are also not authorized.
- Any item which is in violation of the WA terms and conditions will be confiscated and may be collected from the information desk after the event has finished.
- All shoes will be checked for conformity with rule WA, in particular the maximum dimensions of 9mm for every event except high jump and javelin – 12mm. If not within regulations, the athlete will be required to change into appropriate footwear.

5.3 Competitor Bibs

Every athlete will be provided with two number bibs. Competitors in track events shall wear these visibly on the breast and back of the vest. For jumps and throws only one number bib must be worn.

In throwing events this must be worn on the back.

5.4 Timekeeping and Measurement Result

The official time keeping and distance measurement will be verified by the Italian Athletics Sport Federation

5.5 After the event

All athletes must leave the track via the south exit and make their way to the check point where they can pick up their personal items.

- Track: athletes should leave the track as soon as the race has finished.
- Throwing, Long jump, Triple Jump: athletes should leave the competition area after their third attempt or after their 3 extra tries.
- High Jump: Athletes should leave the competition area by passing by the mixed zone accompanied by a judge as soon as the event is completed.
- Athletes who are chosen for doping testing will be informed in the post-competition zone. An inspector will be with each chosen athlete from the exit of the post-competition zone until the doping inspection center. The athlete can collect their belongings in the inspection zone.

6. Information desk

An information desk will be open to introduce the organization to the competition, remind participants of rules and regulations and to hand out competitors' bibs, qualifiers, etc.

The information desk will provide a point of contact between athletes, the Technical Delegate and the management team.

It is also in charge of:

- Displaying all relevant information from officials, provide lists of events and participants, show results and display schedules for the call room.
- Providing urgent information from the Technical Delegate and head of the competition.
- Taking any written appeals.
- Opening time will be 2 hours before the first event of the day and the information desk will close 30 minutes after the last event of the day.

7. Appeal jury / complaint

- The appeal jury is composed of TBD
- The jury will only deal with appeals regarding the proceedings of athletic events.
- The appeals procedure will be carried out in accordance with the WA Rules.

- All appeals must be made personally to the arbitrator by the athlete themselves, by someone acting on their behalf or by an official team representative.
- If the arbitrator is not available, the complaint should be made at the information desk.
- Participants can only make a complaint regarding something which happened in their own round of the event.
- To come to a fair decision, the arbitrator should consider all valid proof which is available and which he deems necessary such as any official photography or video recordings or any other video evidence available. The arbitrator can either make his can make his can decision or pass the appeal onto the jury.
- If the arbitrator makes the decision, He must immediately inform the information desk. In the case where this is not possible to communicate this decision verbally to the team or athlete concerned, the official announcement will be given as soon as the information desk is informed.
- The arbitrator has the right to call the jury to appeal. An appeal in front of the jury should be filed in the 30 minutes which follow, an official announcement of modified results after an appeal, or notification to those who filed a complaint when no action is being taken. The appeal should be made in writing, signed by the athlete, by someone on the athlete's behalf or by an official team representative and must be accompanied by 100€ deposit which will not be reimbursed if the appeal is not accepted.
- The appeal jury will inform all parties involved of any decisions made and will make sure any official ranking is updated.
- Decisions of the appeal jury cannot be contested.

8. Equipment

- Athletes are not permitted to use their own brands.
- Starting blocks will be provided. Private blocks will not be permitted.
- Crouch or block stars are not compulsory for masters' competitors.
- For track events, the maximum permitted spike length is 7 mm. For the javelin throw and high jump events, spikes of up to 9 mm are permitted.
- Vaulters must bring their own poles.
- Competitors may use their own throwing implements if they have been checked and approved and are part of the pool of implements for that event.
- For those events starting prior to midday (12pm), implements must be lodged at the Technical Room by 5 p.m. the day before the competition.
- For those events starting after 12 p.m., implements must be checked at least three (3) hours before the start time of the event.
- Competitors are advised to bring their own water bottles and strapping tape.
- Individuals are responsible for the safekeeping and storage of their own equipment.

9. Medals

In CoOMG27, the athletes do not represent their country of origin, therefore the prize-awarding ceremonies will be carried out without hoisting of flags. No National Anthem of the winning team will be played. The medals will be provided by the Organizing Committee.

10. Practice and warm-up facilities

Information regarding training, warm-up areas, the call room, and the road course will be provided at a later stage, following technical validation.

11. Personal accident insurance and medical certificate

All participants must organize their personal accident insurance. The competitor registration fee does not cover personal accident insurance.

Personal accident insurance is available to purchase through the Organizing Committee for registered Competitors at the Accreditation Centre.

All participants must have a currently valid medical certificate of fitness for competitive sports.

The medical examinations required (ex D.M. 18 February 1982) to obtain a medical certificate of fitness for competitive sports are:

- medical check-up;
- regular urine test;
- electrocardiogram both at rest and under effort;
- spirometry (breathing test).

For any further information please visit our website (Registration & Terms and Condition).

12. Doping Control

During the Open Masters Games Como Lake 2027 anti-doping controls will be carried out according to the World Masters Sport anti-doping policy and rules established by WADA (World Anti-Doping Agency).

13. Accommodation

Participants are free to select own accommodation according to own preference. To assist participants, an accommodation booking section offering special room rates for the Games is made available on the official website www.mastersgamescomolake2027.it

14. Further information

The planning of the CoOMG27 Athletics competition will continue throughout 2026 and early 2027.

Additional sport specific operational information will be communicated to registered participants and updated in future additions of this Sports Information Guide.

All participants are encouraged to monitor the CoOMG27 website at

www.mastersgamescomolake2027.it and other Games communication channels to find out all the latest information.

If you have any further sport specific questions, please send an email to info@omgcomo27.it